

2025 MCA Legacy Essay Competition

No and Low Alcohol products - solution or contributor to alcohol-related harms?

The market for no and low alcohol products is growing rapidly. Given the harms caused by alcohol, is this a good thing and if so to what extent? You should consider what the evidence is for this relatively new development and look at the issue from a wide-ranging perspective, possibly including commercial imperatives, the conflation of no and low alcohol products into a single 'no/low' designation, the normalisation of alcohol, and relevant examples from other sectors such as the use of e-cigarettes.

The MCA Legacy Essay Competition is held every year on a different alcohol related topic.

This competition is open to all UK medical students.

To view previous competitions please go to www.m-c-a.org.uk

2025

MCA Legacy Essay Competition

Entrants must be current medical students in the United Kingdom.

Entrants must submit a maximum 3,000 word essay referenced in the Vancouver style to address the topic. The word count does not include references, diagrams and tables.

Only single-authored entries will be accepted.

The winning essays will receive:

1st Prize	£750
2nd Prize	£500
3rd Prize	£300

All winners will be invited to attend the MCA 2025 Annual Symposium and be awarded a certificate. The winning essay will be published in the MCA Annual Report.

Application

To apply go to our website: m-c-a.org.uk/education and upload your essay (MS Word format only).

You will need to include the following:

- Full name
- University/Medical School
- Name of course and year of study
- Contact telephone number
- Contact e-mail



Opening date: 1 January 2025

Closing date: 1 May 2025



Contact

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